

La Régordane

Cévennes



(© Antonin Michaud-Soret - Ahstudio)



A long walk in the southern Cévennes on the Regordane Way, the French kingdom's main traffic artery towards Lower Languedoc, which was at its apogee in the 13th century.

Longue balade en Cévennes méridionales qui emprunte le chemin de Régordane, le principal axe de communication du royaume vers le Bas-Languedoc qui connut son apogée au XIIIe siècle.

Useful information

Practice : Pédestre

Duration : 5 h

Length : 14.5 km

Trek ascent : 653 m

Difficulty : Hard

Type : Boucle

Themes : Milieu naturel

Trek

Departure : Saint André Capcèze

Arrival : Saint André Capcèze

Markings : — Balisage jaune et mobilier signalétique

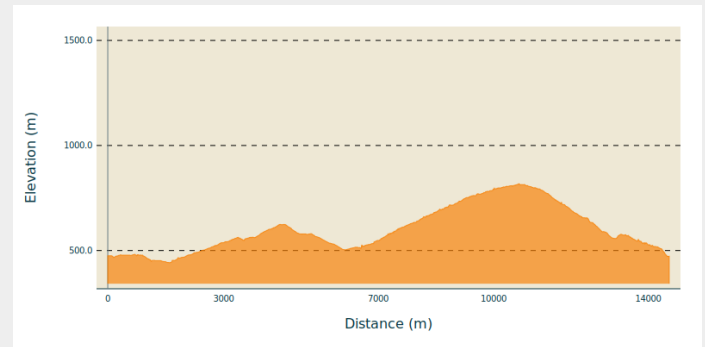
Cities : 1. Saint-André-Capcèze

2. Pontails-et-Brésis

3. Pied-de-Borne

4. Villefort

Altimetric profile



Min elevation 439 m Max elevation 813 m

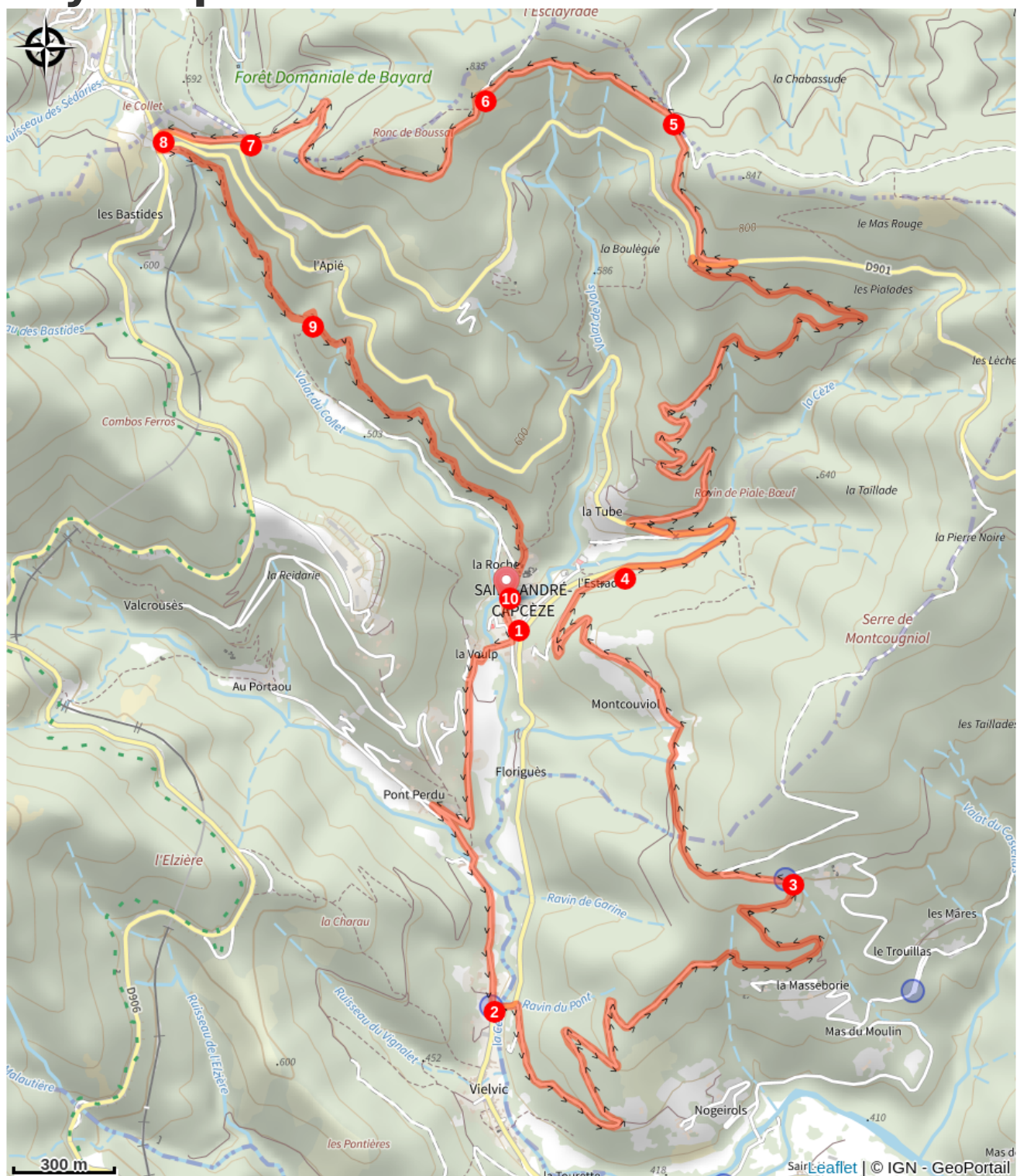
Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks :

From “**SAINT-ANDRÉ-CAPCÈZE**”, walk to “**Vielvic**” via :

1. “**L'Estrade**”,
2. “**Vielvic**”. At “**Vielvic**”, turn left to “**Nidaucel**”.
3. At “**Nidaucel**”, turn left to “**Saint-André-Capcèze**”.
4. At “**Saint-André-Capcèze**”, turn right to “**Le Collet**” via :
5. “**Plo des Ayres**”,
6. “**L'Esclayrade**”,
7. “**Forêt de Bayard**”,
8. “**Le Collet**”. At “**Le Collet**” turn left to return to “**SAINT-ANDRÉ-CAPCÈZE**” via :
9. “**L'Apié**”,
10. “**La Roche**”.

This hike is taken from the guidebook **Mont Lozère - Pays des sources de la Margeride au lac de Villefort en Cévennes** published by the Pôle de pleine nature du Mont Lozère.

On your path...



All useful information

Advices

Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat.

How to come ?

Access

From Villefort on the D51 (8 mins)
From Génolhac on the D906 and D451 (20 mins)
From Les Vans on the D901 and D51 (37 mins)
From Mende on the D901 and D51 (1h 06 mins)

Advised parking

Car park at the Mairie (village hall)

Information desks

None

Place de l'église - Le Bleymard, 48190
Mont Lozère et Goulet

contact@destination-montlozere.fr

Tel : 04 66 47 61 13

<https://www.destination-montlozere.fr/>



Tourism'house and national parc, Génolhac

Place du Colombier, 30450 Génolhac

contact@cevennes-tourisme.fr

Tel : 04 66 61 09 48

<http://www.cevennes-tourisme.fr/>



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Source



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Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>