

La Trescoulade

CEVENNES



Vue sur Peyraube (© Nathalie Thomas)



From ridge to forest, col (pass) to col, this trail brings the hiker into contact with a great variety of environments and offers uninterrupted panoramic views onto the Arre valley, the Causse de Blandas, the Anjeau mountains and the Trude massif.

La Trescoulade Trail is a forest hike to the ridges and passes of this valley. The word trescoulade is Occitan and means “to disappear behind the heights, to cross a pass”. It perfectly describes the ambiance of this path.

Useful information

Practice : Pédestre

Duration : 5 h 30

Length : 14.2 km

Trek ascent : 831 m

Difficulty : Hard

Type : Boucle

Themes : Milieu naturel, Histoire et culture, Faune et flore

Trek

Departure : Arrigas

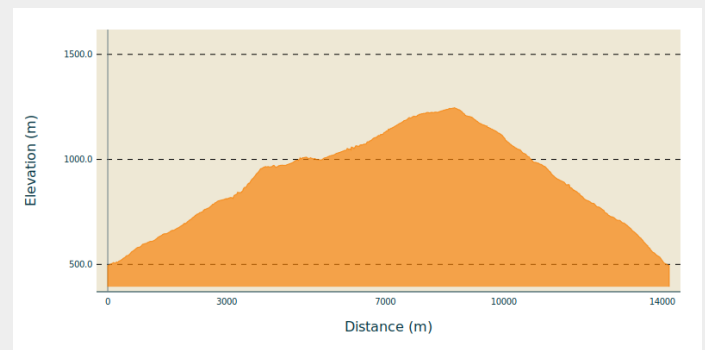
Arrival : Arrigas

Markings : — Balisage jaune et mobilier signalétique

Cities : 1. Arrigas

2. Alzon

Altimetric profile



Min elevation 494 m Max elevation 1248 m

Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks:

Starting from "**ARRIGAS**", head towards "**PEYRAUBE**"

1. At the post "**Chemin de la Vignasse**" go on about "**Arrigas - Tennis**".
2. Go up to "**Peyraube**",
3. Then follow "**SAINT GUIRAL**" via "**Col des Tempêtes**";
4. At the post "**col des Tempêtes**" turn right until "**Peyrebesse**",
5. then continue towards "**Les Liquières**".
6. At this crossroads, return to "**ARRIGAS**" via "**Vernes le Haut**",
7. The, "**Serre des Aires**" and "**Chemin de la Vignasse**".

This walk is taken from the guidebook **Les Vallées Cévenoles - En Pays Viganais**, published by the Communauté de communes Pays Viganais-Cévennes as part of the collection Espaces Naturels Gardois and the label Gard Pleine Nature.

On your path...



Col des Tempêtes (A)
Arrigas (C)

St-Peyre rock (B)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Advices

Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear good shoes and put on a hat. Please close all gates and barriers after yourself.

How to come ?

Access

From Le Vigan, take the D 999 towards Alzon. At Les Trois Ponts, take the D 789 towards Aumessas - Arrigas

Advised parking

Church square in Arrigas



Information desks

Tourism office Cévennes and Navacelles, Le Vigan

Maison de pays, place du Marché, BP 21,
30120 Le Vigan

contact@sudcevennes.com

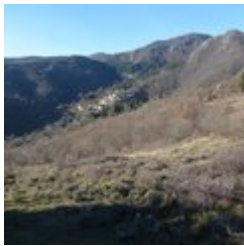
Tel : 04 67 81 01 72

<https://sudcevennes.com/>



Source

On your path...



Col des Tempêtes (A)

Between the Col de l'Airette and the Col des Tempêtes, you may notice ruined buildings below the track. They are vestiges of former sheepfolds, where the flocks moving up from the valley could shelter for the night or in bad weather. (Jérôme Reversat)

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St-Peyre rock (B)

To evoke the site of St Peyre, here is a text by C. Chante, taken from his work *Un coin des Cévennes. Le Vigan et ses environs* (1933). "All of a sudden, an oak grove appears that surrounds a small clearing where some leftover rocks, laid out in an elongated oval, seem to indicate a cromlech. At one end stands the antique structure, which the centuries have respected and which the Christians never thought to come and destroy on this almost inaccessible escarpment. There can be no doubt about its purpose: it is clearly a Druidic altar, made from granite blocks set out in a semicircle with a gradient, whence the priest must have harangued the faithful before or after the sacrifice (...)."

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Arrigas (C)

In the 19th century, the copper mines were the valley's biggest employer. They closed in the early 20th century, bringing about the economic decline of Arrigas. The trays for washing the ore can still be seen alongside the D 189, as you leave the village towards Peyraube. The railway did not bring the hoped-for prosperity since, for technical reasons, no station could be built at Arrigas. To take the train, one had to walk to the neighbouring village of Aumessas. (Jérôme Reversat)

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