

Around La Sapinière (Trail)

CEVENNES



Le mont Aigoual (Béatrice Galzin)



This trail passes through different natural environments and atmospheres in a sensitive and intimate approach to nature.

Useful information

Practice : Trail

Duration : 30 min

Length : 3.4 km

Trek ascent : 125 m

Difficulty : Very easy

Type : Boucle

Trek

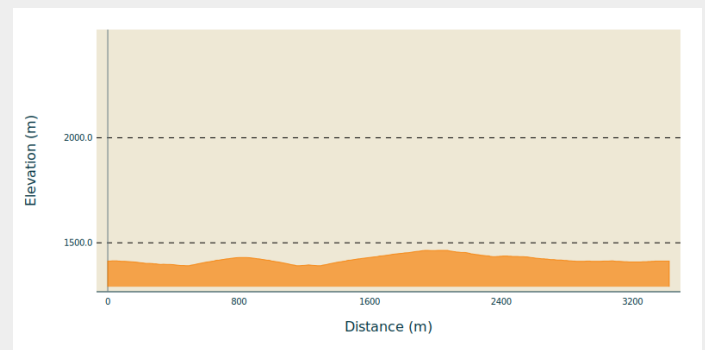
Departure : Station Prat Peyrot

Arrival : Station Prat Peyrot

Markings : — Balisage jaune et mobilier signalétique

Cities : 1. Meyrueis
2. Val-d'Aigoual

Altimetric profile



Min elevation 1389 m Max elevation 1464 m

Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks :

From “**Station de Prat Peyrot**”, run to “**La Drailhe**” via:

1. “**Draille du Calcadis**”.
2. At “**La Drailhe**”, return to “**Station de Prat Peyrot**” via:
3. “**Le Pontet**”,
4. “**La Baraquette**”,
5. “**La Sapinière**” and
6. “**Balcons de l’Aigoual - Parking**”.

This trail is taken from the guidebook **Massif de l’Aigoual**, published by the communauté de communes Causses Aigoual Cévennes as part of the collection Espaces naturels gardois and the label Gard Pleine nature.

On your path...



-  The Nests (Céline Pialot) (A)
-  Pôle Nature 4 Saisons (C)
- Guardian of the Woods (Raphaël Daynié) (E)
- River capture (G)

- Leaf-Tree (Alain Bernegger) (B)
- Catchment Area (Xavier Rèche) (D)
- On the Verge (Yoann Crépin) (F)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Advices

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Take enough water. Please close all gates and barriers behind you. Stay on the marked path.

How to come ?

Transports

LiO is the regional public transport service of the Occitanie/ Pyrénées – Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, go to the lio Occitanie app or visit <https://www.mestrajets.lio.laregion.fr>

Access

From Valleraugue, take the D986 to the village of L'Espérou. At the roundabout, turn right; at the Col de La Serreyrède pass, turn right onto the D269, then turn left. Car park.

Advised parking

Outdoor activities resort Alti Aigoual – Prat Peyrot

Information desks

Biosphera

18, rue Vincent Faita, 30480 Cendras

biosphera@shvc.fr

Tel : 04 66 07 39 25

<http://www.biosphera-cevennes.fr>



Source



CC Causse Aigoual Cévennes Terres Solidaires

<http://www.caussesaignoualcevennes.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>

On your path...



The Nests (Céline Pialot) (A)

Little by little, the bird makes its nest, its cosy nest, baby cocoon, wasps' nest...

Like a bird, the artist has gathered materials offered by nature and has arranged them to build three nests, three refuges, three circles that reference perfection and invite meditation.

Attribution : © E. Fréget



Leaf-Tree (Alain Bernegger) (B)

Leaf-Trees use a veined structure to create a visual resonance between the tree and the leaf. The change of scale works like an inverted echo of this fractal structure. And as winter comes, the eternal summer of the Leaf-Trees confronts the winter of the bare branches.

Attribution : © Filature du Mazel



Pôle Nature 4 Saisons (C)

The Pôle Nature 4 Saisons of the Aigoual massif offers outdoor activities in all seasons in the central zone of the Cévennes National Park, overlooked by the legendary summit of Mont Aigoual (1,570 m). Discover our network of trails on foot, on horseback, by bike, or else by mountain-bike or with a donkey, as the fancy takes you!

Children can explore the orienteering circuit or geocaching. For the sportier among you we have laid out trail running circuits!

Prefer road biking? We have created circuits of varying difficulty levels so you can discover our villages and valleys.

Try not to make any noise! Wildlife enthusiasts can spot mouflons and other animals.

And if you would just like a gentle walk on the massif, the discovery trail "The cliffs of Mont Aigoual" is for you. There are various rest stops over its 4.5 km, with only 150 m in height difference.

We look forward to seeing you on our paths.

Attribution : Béatrice Galzin



Catchment Area (Xavier Rèche) (D)

By its location and name, this installation evokes the nearby watershed between the Atlantic and Mediterranean. A vessel reduced to a suspended wooden framework, without strakes or gunwale, tilts in the direction of the runoff. It emphasises the first branches of a gigantic drainage system.

Attribution : © Filature du Mazel



Guardian of the Woods (Raphaël Daynié) (E)

The Guardian evokes a possible connection, a dream connection, in which humans consider themselves a part of nature, developing in close union with their environment. This Guardian of the Woods overlooking the Aigoual valley was built with natural materials found on site, and gently touches a tree that is still alive.

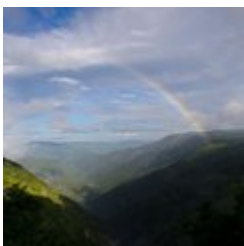
Attribution : © Filature du Mazel



On the Verge (Yoann Crépin) (F)

A doorway to a circuit of art within the natural environment. To fuse and interact with the environment and play with the seasons, time, light and weightlessness. To let humanity express itself through nature and nature express itself through humanity – a necessary interaction, a symbiotic interaction that inspires us to discover another world.

Attribution : © Filature du Mazel



River capture (G)

Violent precipitation and the steep gradient of Mediterranean torrents cause regressive (i.e. upstream) erosion of the valleys through which they flow. This erosion can invert the sense of flow and thus “capture” for the Mediterranean a waterway that had, until then, flowed into the Atlantic. One example is the Hérault with its waterfalls, the capture being located at the falls. The Hérault and the Dauphine brook used to flow via L'Espérrou into the Dourbie... River pebbles found around the village by geologists attest to the existence of a waterway in the past.

Attribution : Arnaud.Bouissou