

Around L'Espérrou (Trail)

Gard



Fleur de bouillon blanc (Béatrice Galzin)



Everyone at their own rhythm! This peaceful forest trail is without any particular difficulty. It lets you explore the surroundings of L'Espérrou, en famille, at running speed.

Useful information

Practice : Trail

Duration : 30 min

Length : 4.4 km

Trek ascent : 101 m

Difficulty : Very easy

Type : Boucle

Trek

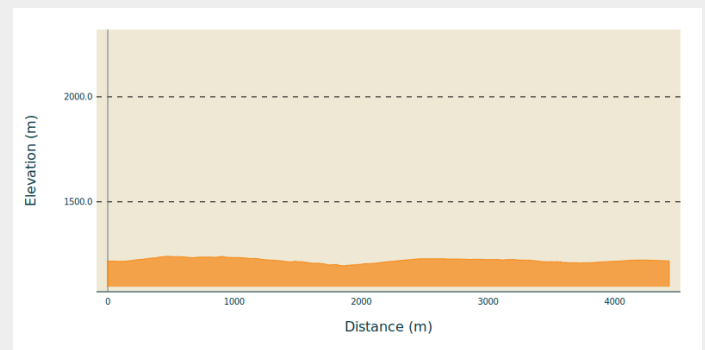
Departure : L'Espérou

Arrival : L'Espérou

Markings : — Balisage jaune et mobilier signalétique

Cities : 1. Dourbies
2. Val-d'Aigoual

Altimetric profile



Min elevation 1198 m Max elevation 1243 m

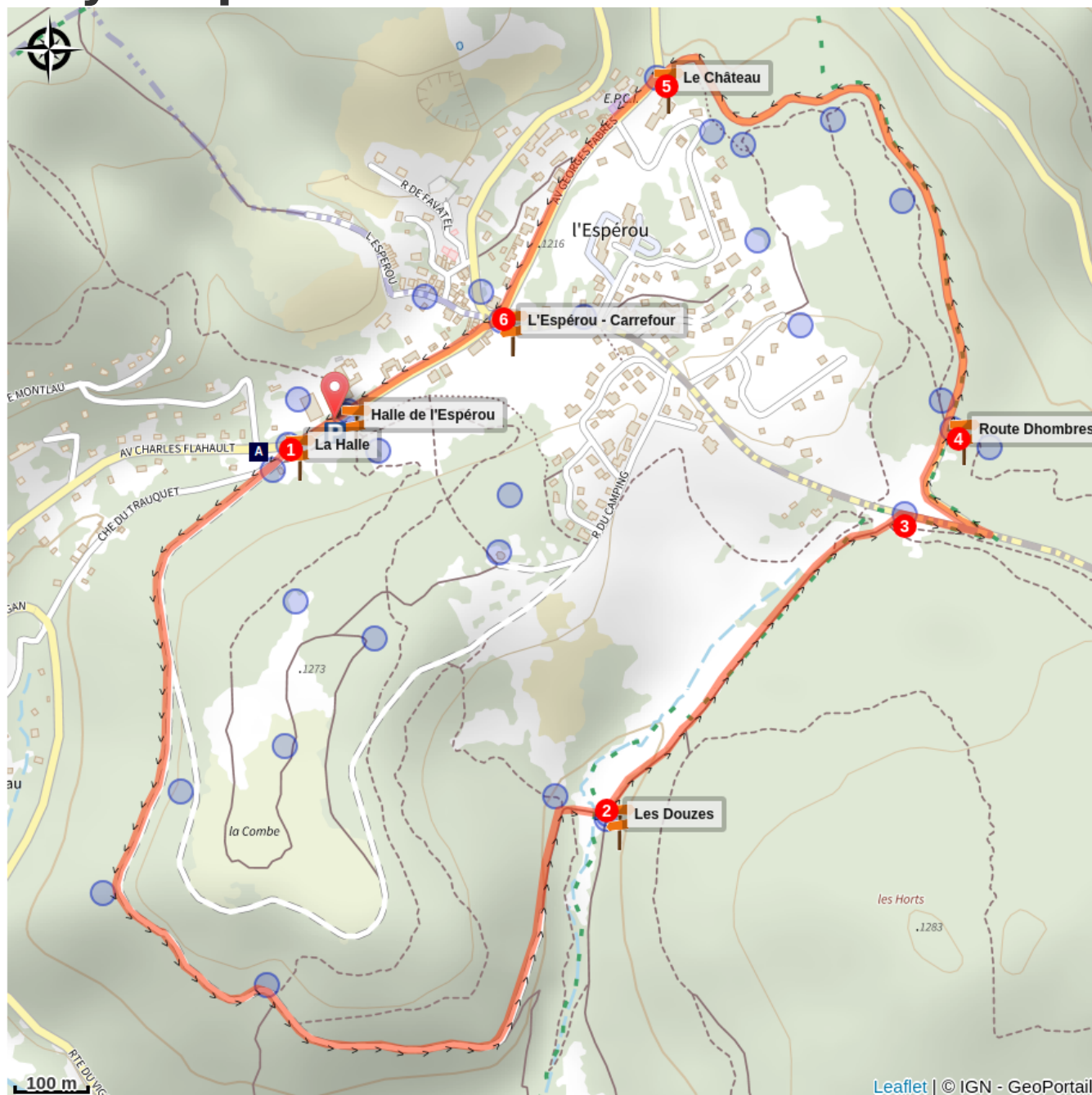
Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks :

From “**Halle de l'Espérou**” , run to “**Les Douzes**” via:

1. “**La Halle**”.
2. From “**Les Douzes**”, return to “**Halle de l'Espérou**” via:
3. “**La Bascule**”,
4. “**Route Dhombres**”,
5. “**Le Château**” and
6. “**Carrefour**”.

This trail is taken from the guidebook **Massif de l'Aigoual**, published by the communauté de communes Causses Aigoual Cévennes as part of the collection Espaces naturels gardois and the label Gard Pleine nature.

On your path...



The village of L'Espérou (A)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Advices

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Take enough water. Please close all gates and barriers behind you.

How to come ?

Transports

LiO is the regional public transport service of the Occitanie/ Pyrénées – Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, go to the lio Occitanie app or visit <https://www.mestrajets.lio.laregion.fr>

Access

From St-Sauveur-Camprieu, take the D986. At the Col de La Serreyrède pass, turn right towards L'Espérou. At the roundabout, turn right. Car park.

From Valleraugue, take the D986 to L'Espérou. At the roundabout, continue straight ahead. Car park.

Advised parking

L'Espérou (Les Halles)

Information desks

Biosphera

18, rue Vincent Faita, 30480 Cendras

biosphera@shvc.fr

Tel : 04 66 07 39 25

<http://www.biosphera-cevennes.fr>



Source



CC Causse Aigoual Cévennes Terres Solidaires

<http://www.caussesaignoualcevennes.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>

On your path...



The village of L'Espérou (A)

The village of L'Espérou lies on the border of Dourbies and Valleraugue local councils. A draille (track for livestock to migrate to summer pastures with their shepherds) crosses the village. As in many villages in the Gard, the two places of worship – one Catholic, the other Protestant – are opposite each other. The village is located in a varied environment that is suitable for outdoor activities and sports.

Attribution : Béatrice Galzin